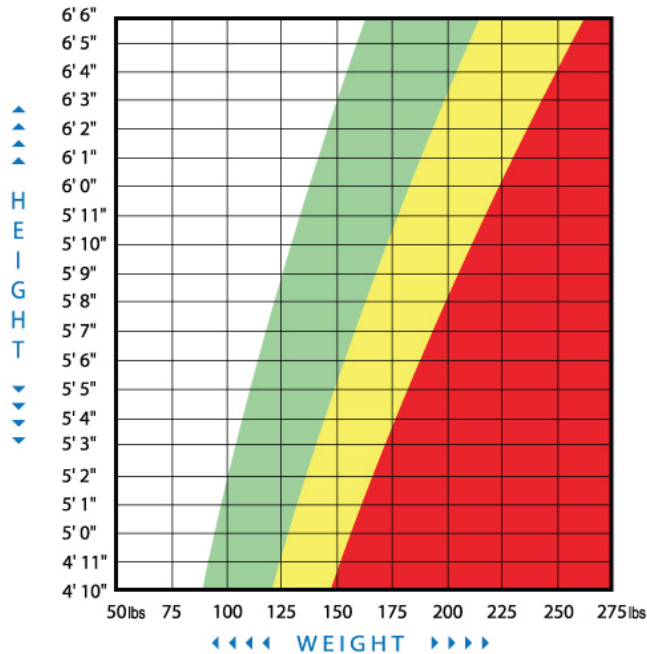


Healthy Weight Chart for Adults



- For adults older than 20 years
- Locate the intersection of your height (vertical) and weight (horizontal.)
- The shaded regions on the chart correspond to healthy and overweight ranges based on body mass index (BMI).

BMI below 18.5 (shown in WHITE) is considered underweight.

BMI between 18.5 and 25 (GREEN) is considered healthy weight.

BMI between 25 and 30 (YELLOW) is considered overweight.

BMI above 30 (RED) is considered obese.

- A person who has a large change in BMI, even if he or she is not overweight, should be evaluated to determine the cause.

Adapted from the Report of the Dietary Guidelines Advisory Committee on the Dietary Guidelines for Americans (2000) U.S. Department of Health.

BIO MEASURE[®]

Health Measurement Solutions

• Height

• Weight

• Body Mass Index

• Body Fat %

BioMeasure Machines are ideal as instant, non-invasive *health awareness tools* that provide a quick and easy way to inform and educate users with baseline measurements, while tracking health improvement.



**INSTANTLY MEASURES AND
TRACKS HEALTH IMPROVEMENT**

GLENVIEW SYSTEMS, INC. DBA: GLENVIEW HEALTH SYSTEMS

3048 North Lake Terrace • Glenview, IL 60026

Toll Free: 800.724.4745 • Phone: 847.724.2691 • Fax: 847.724.1713

www.biomeasure.net • msciortino@biomeasure.net



The BioMeasure System is a self-service device that accurately measures Weight and Height, Body Fat Percentage, and calculates Body Mass Index (BMI) at the push of a button then provides the results on a printed ticket to each user, in less than one minute.

System Specifications and Features:

- Load cell weight sensor measures weight up to 500 pounds in .2 pound increments.
- Ultrasonic height sensor measures height up to 79 inches in .2 inch increments.
- Aggregate age and gender data collection could be printed directly off each Machine.
- Height, Weight and Body Mass Index (BMI) automatically display and clear prior to user stepping off platform.
- Body composition determined by bio-electric impedance analysis (BIA) method to obtain body fat percentage.
- Digital display features LCD screen and easy-to-use interactive keypad.
- Integrated speaker provides audible voice prompts to user.
- Thermal print-out includes time, date, weight, height, body mass index, body fat percentage and recommendations based on age and gender.

TICKET

BioMeasure

WEBSITE
FACILITY NAME
ADDRESS/PHONE

10:19 02/16/2018
AGE: 30 years FEMALE

RESULTS

WEIGHT:	112.8 lb
HEIGHT:	5' 1.0"
B.M.I.	22

BODY FAT %	35%
FAT MASS	39.2lb

RECOMMENDATIONS

YOUR IDEAL WEIGHT
for a normal B.M.I
is between:
95.5 lb - 125.6 lb

BODY MASS INDEX
Weight (kg) / Height (m)²
Low up to: 18.9
Normal: 19.0-24.9
Overweight: 25.0-29.9
Obesity from: 30.0

YOUR IDEAL BODY FAT
PERCENTAGE is between:
19.7% - 26.4%

UP TO 15 LINES OF
MARKETING AND PROMOTIONAL
SPACE AVAILABLE FOR
MESSAGES AND EVENT
ANNOUNCEMENTS.

PROGRAMMED RIGHT AT
THE MACHINE AND EASILY
UPDATED

BioMeasure
Health Measuring Systems
(800) 724-4745
www.biomeasure.net

The BioMeasure Machine offers a customizable printed ticket with:

Logo: Area for a customizable logo of choice.

Header: Facility details such as website and address. The time/date of readings are included by default on the ticket.

Body: Displays and prints height, weight, body mass index (BMI), and body fat percentage. Also provides healthy weight, BMI, and body fat percentage recommendations.

Footer: Contains 15 lines of customizable text for promotional purposes.

Machine Specifications

Overall Size: 90"H X 17"W X 27"D

Weight: 165 lbs.

Power: 120V, 50/60 Hz

Consumption: 50 VA max.